# **Gulfhealth Options**

Insured by National Takaful Company Watania PJSC



# **Table of benefits**

We have set out a schedule of benefits applicable to your cover. Full details of these including the terms, conditions and exclusions can be found in the Policy Wording.

Plans designed by Morgan Price International Healthcare Ltd.



<ul> <li>Enhanced modules available</li> <li>Along with options to reduce cover</li> </ul>	
\$2,000,000	
WW exc USA	+
WW exc USA	÷
100%	
80%	•
• Enhanced modules available	
Full Refund	
10 sessions per year	÷
Full Refund	
\$1,800	
\$1,000	
Full Refund (reimbursement only)	
	<ul> <li>Along with options to reduce cover</li> <li>\$2,000,000</li> <li>WW exc USA</li> <li>WW exc USA</li> <li>100%</li> <li>80%</li> <li>80%</li> <li>Enhanced modules available</li> <li>Full Refund</li> <li>10 sessions per year</li> <li>10 sessions per year</li> <li>Full Refund</li> <li>\$1,800</li> <li>\$1,000</li> </ul>

## **3** In-Patient and Day-Patient Benefits

<b>In-Patient Treatment</b> The cost of hospital accommodation in a standard single bedded room, nursing, operating theatre fees, high dependency/ intensive care/coronary care unit, special nursing fees, surgeons' fees, anaesthetics fees, consultant's fees, physician fees, diagnostic procedures (including x-rays), pathology, MRI/CT/ PET scans, physiotherapy and prescribed drugs and medicines.	Full Refund
<b>Day-Patient Treatment</b> The cost of hospital accommodation, operating theatre fees, nursing fees, surgeons' fees, anaesthetist's fees, consultants' fees, physicians' fees, diagnostic procedures and prescribed drugs and medicines. This benefit is applicable for Medical treatment provided in a hospital where an insured person is formally admitted but is not required, out of medical necessity, to stay overnight.	Full Refund
<b>Organ implantation</b> Costs directly related to the implantation of the following natural human organs: kidney, heart and lung.	Full Refund
<b>Rehabilitation</b> Rehabilitation, received on an in-patient and day-patient basis in a recognised rehabilitation unit, where under the supervision and direction of a physician.	120 days
<b>Surgical appliances</b> Surgical appliances or prosthesis where used as an integral part of a surgical procedure and fitted inside the body.	Full Refund
Accommodation to stay with child Hospital accommodation costs for one insured person to stay with an insured child dependant, who is under age 16, and being admitted to hospital as an in-patient for medical treatment covered by this policy.	Full Refund
Additional hospital accommodation Accommodation of one accompanying person to stay in the same room in the hospital in case of critical conditions.	Full Refund
Newborn child accommodation Hospital accommodation for the newborn immediately following birth.	Full Refund
4 Pre-existing Conditions	
<b>Pre-existing benefit Out-Patient</b> Treatment for pre existing medical conditions.	Full Refund
<b>Pre-existing benefit In-Patient</b> Treatment for pre existing medical conditions.	Full Refund

#### 5 **Newly Diagnosed Chronic Conditions** • Enhanced modules available Full Refund Acute treatment of a newly diagnosed chronic medical condition In-patient, day-patient and out-patient treatment including: diagnostic tests, investigations and prescribed drugs and medicines; for the medical treatment of acute exacerbations of a chronic medical condition. Routine management and palliative treatment for each newly diagnosed chronic \$50,000 + medical condition In-patient, day-patient and out-patient treatment including: diagnostic tests, investigations and prescribed drugs and medicines; for the medical treatment, routine management and palliative treatment of a chronic medical condition 6 **Cancer Care Cancer Care Out-Patient** Full Refund Including fees that are related specifically to planning and carrying out treatment for cancer. This includes oncology, radiotherapy and chemotherapy. For a condition newly diagnosed after the start date of the policy. **Cancer Care In-patient and Day-Patient** Full Refund Including fees that are related specifically to planning and carrying out treatment for cancer. This includes oncology, radiotherapy and chemotherapy. For a condition newly diagnosed after the start date of the policy.

7 Pregnancy & Childbirth Benefits	• Enhanced modules available
<b>Routine maternity care &amp; childbirth In-patient</b> In-patient maternity costs including delivery costs and hospital accommodation for the new born immediately following birth and received in authorised health centers and clinics.	\$2,500 +
<b>Out-Patient</b> Medically necessary out-patient costs incurred during normal pregnancy and childbirth including pre and post natal check ups subject to pre-authorisation	\$41,000
*Cover is provided for eight visits to a Primary Healthcare (PHC) obstetrician for low risk patients or specialist obstetrician for high risk patient referrals	
* Visits to include reviews and checks and tests with the DHA antenatal Protocols, Initial investigations to include :FBC and platelets, blood group, rhesus status and antibodies, VDRL, MSU, urinalysis, rubella serology, HIV, FBS, randoms or A1C and high risk patients GTT and Hepatitis C	
* The cost of three antenatal ultrasound scans	

### Pregnancy & Childbirth Benefits - Continued

<b>Complications</b> The costs of complications of pregnancy only for toxaemia, gestational hypertension, preeclampsia, ectopic pregnancy, hydatidiform mole, ante and post partum haemorrhage, retained placenta membrane, stillbirths, miscarriage, medically necessary caesarean caused by any of the previous mentioned conditions and medically necessary abortions. Cover is for delivery costs and hospital accommodation for the new-born immediately following birth.	\$50,000
Where any condition develops which becomes life threatening to either the mother or the new born, the medically necessary expenses will be covered up to the annual aggregate limit.	
<b>Paediatric check-up</b> Contribution towards the initial paediatric check-up for the new-born.	\$200
<b>Premature baby cover</b> Medical treatment for a premature baby where received during the first two months from birth. Please note that no cover is available for continuing treatment after expiry of the initial 2 months' period other than for new and unrelated conditions.	Full Refund
8 Medical Evacuation and Repatriation	
<b>Emergency medical transfer</b> The costs of transporting the insured person to the nearest suitable hospital in either their country of residence or a nearby country and returning the insured person to their country of residence after treatment.	Full Refund
<b>Overnight accommodation</b> Overnight accommodation costs for the accompanying friend or close relative, to stay with or near, the insured person while hospitalised. The amounts stated are on a per night basis up to a maximum of 10 nights for each new and separate event.	\$200
<b>Transportation of children</b> Following an emergency medical transfer or evacuation under this section, we will arrange and pay to transport, to a specified destination, any children under age 19 left at home unattended or pay for the travelling costs (one economy class return ticket) of a person to take care of the children at home.	Full Refund

### 9 Transportation of mortal remains

#### Transportations of mortal remains

Transportation of mortal remains to the deceased's home country.

## **10** Hospital Accommodation outside of UAE

#### In-Patient room and board

The cost of hospital accommodation in a standard single bedded room when outside the UAE

Paid up to \$500 for board

\$3,000

• Enhanced modules available

## **11** Additional Benefits for UAE residents only within the Emirate of Dubai

<b>Newborn baby coverage</b> Cover from 30 days from birth. BCG, Hepatitis B and neo-natal screening tests (Phenylketonuria (PKU), Congenital Hypothyroidism, sickle cell screening and congenital hydrenal hyperplasia).	Full Refund
<b>Hearing aid</b> Contribution towards a hearing aid where prescribed by an audiologist/ENT consultant. (medical emergencies only)	\$100 - 20% co-insurance
Vision correction Vision correction by surgery and/or laser on medical emergencies only.	\$270 - 20% co-insurance
Diabetes Screening Amount available towards Diabetic Screening	Full Refund
<b>Emergency dental treatment</b> Dental treatment necessary because of an accident caused by an extra-oral impact, received within 48 hours from the date and time of the accident for the immediate relief of pain caused by natural teeth being lost or damaged.	Full Refund

# **Additional Selected Modules**

+ Wellness & Dental Module 1	Add Wellness and Dental Benefits to your policy Please note that you can reduce the cost of this module by including a 20% co-insurance on this Benefit
Routine Dental Treatment	\$500
One annual check-up, one annual visit to the hygienist, simple tooth moulds, fillings using amalgams or composite materials and treatme infection including: prescribed antibiotics and temporary fillings, oral to scaling and polishing only.	nt for the relief of an
<b>Major Dental Treatment</b> Root canal treatment, new or repairs to porcelain crowns, new or rep	\$500 bairs to bridgework.
<b>Wisdom tooth Extraction</b> Extraction of buried, impacted or un-erupted wisdom teeth only on a patient or out-patient basis.	Full Refund n in-patient, day-
<b>Orthodontic</b> Orthodontic work for insured children under age 19.	\$270
<b>Travel Vaccinations</b> Vaccinations and immunization's that are directly related to overseas	\$250 travel requirements.
<b>Full Wellness check</b> Cost towards a preventative Health check up.	\$300 - 10% co-insurance applies
<b>Cancer Screening</b> Covers cervical smears, mammograms and prostate/colon/ testicular	Full Refund
+ Wellness & Dental Module 2	Add Wellness and Dental Benefits to your policy Please note that you can reduce the cost of this module by
Overall Annual maximum for this benefit \$500	including a 20% co-insurance on this Benefit
<b>Routine Dental Treatment</b> One annual check-up, one annual visit to the hygienist, simple tooth moulds, fillings using amalgams or composite materials and treatme infection including: prescribed antibiotics and temporary fillings, oral to scaling and polishing only.	nt for the relief of an
One annual check-up, one annual visit to the hygienist, simple tooth moulds, fillings using amalgams or composite materials and treatme infection including: prescribed antibiotics and temporary fillings, oral	nt for the relief of an prophylaxis restricted
One annual check-up, one annual visit to the hygienist, simple tooth moulds, fillings using amalgams or composite materials and treatme infection including: prescribed antibiotics and temporary fillings, oral to scaling and polishing only. Major Dental Treatment	nt for the relief of an prophylaxis restricted pairs to bridgework
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Covers cervical smears, mammograms and prostate/colon/ testicular screening.

+ Wellness & Dental Module 3 Overall Annual maximum for this benefit \$1000	Add Wellness and Dental Benefits to your policy Please note that you can reduce the cost of this module by including a 20% co-insurance on this Benefit
<b>Routine Dental Treatment</b> One annual check-up, one annual visit to the hygienist, simple tooth extraction, x-rays, moulds, fillings using amalgams or composite materials and treatment for the relief of infection including: prescribed antibiotics and temporary fillings, oral prophylaxis restri to scaling and polishing only.	
<b>Major Dental Treatment</b> Root canal treatment, new or repairs to porcelain crowns, new or repairs to bridgewor	k
<b>Wisdom tooth Extraction</b> Extraction of buried, impacted or un-erupted wisdom teeth only on an in-patient, day-patient or out-patient basis.	
<b>Orthodontic</b> Orthodontic work for insured children under age 19.	
<b>Travel Vaccinations</b> Vaccinations and immunization's that are directly related to overseas travel requireme	nts.
<b>Full Wellness check</b> Cost towards a preventative Health check up.	10% co-insurance applies
<b>Cancer Screening</b> Covers cervical smears, mammograms and prostate/colon/ testicular screening.	
+ Optical Module	ect one of these options to add Optical benefits to your policy Please note a 20% co-insurance applies to both options
<b>Glasses and Lenses Level 1</b> Contribution towards glasses or contact lenses where prescribed by an ophthalmologis optician.	\$250 st or
<b>Glasses and Lenses Level 2</b> Contribution towards glasses or contact lenses where prescribed by an ophthalmologic optician.	\$500 st or
+ Psychiatric Module	Add Psychiatric benefits to your policy Please note a 20% co-insurance applies to this option
<b>Annual Maximum</b> Maximum amount payable under this particular Module	\$18,000
In-Patient Psychiatric Treatment The cost of hospital accommodation in a standard single bedded room in a registered Psychiatric Unit. Cover is limited to the specified number of night's in- patient treatmer each period of insurance.	30 nights nt in
<b>Out-Patient Psychiatric Treatment</b> Treatment of a mental illness, psychiatric and psychological disorders including: consu and prescribed drugs and medicines. This benefit is covered up to the sub limits.	10 sessions Itations

# Please note selecting any of the below **Enhanced Modules** override the existing core benefit and are not in addition to the core benefits.

+ Worldwide Module	Change your Area of coverage from Worldwide Excluding USA to Worldwide including USA
<b>Worldwide</b> Area in which you are applicable for medical treatment	All Benefits
+ Enhanced Physiotherapy M	Iodules Select one of these options to enhance your Physiotherapy benefits
<b>Physiotherapy Increase Level 1</b> Amount available for the treatment of Physiotherapy, m increase from 10 sessions on the Gulfhealth Options Co	
<b>Physiotherapy Increase Level 2</b> Amount available for the treatment of Physiotherapy, m increase from 10 sessions on the Gulfhealth Options Co	
+ Enhanced Routine Chronic I	Module Enhance your cover for newly diagnosed chronic medical conditions
Routine management and palliative treatment for e In-patient, day-patient and out-patient treatment include and prescribed drugs and medicines; for the medical tree and palliative treatment of a chronic medical condition. Gulfhealth Options core product.	ing: diagnostic tests, investigations eatment, routine management
+ Enhanced Maternity Modul	e 1 Enhance your Pregnancy & Child Birth benefits
Routine maternity care & childbirth In-Patient In-patient maternity cost including: delivery costs, hospit immediately following birth, and received in authorised	
<b>Out-Patient</b> Medically necessary out-patient costs incurred during no including pre and post natal check ups subject to pre-au	
*Cover is provided for eight visits to a Primary Healthcare ( or specialist obstetrician for high risk patient referrals	PHC) obstetrician for low risk patients
* Visits to include reviews and checks and tests with the DH. investigations to include :FBC and platelets, blood group, rh urinalysis, rubella serology, HIV, FBS, randoms or A1C and h	nesus status and antibodies, VDRL, MSU,
* The cost of three antenatal ultrasound scans	
<b>Complications</b> The costs of complications of pregnancy only for toxaem eclampsia, ectopic pregnancy, hydatidiform mole, ante a retained placenta membrane, stillbirths, miscarriage, me by any of the previous mentioned conditions and medic Cover is for delivery costs and hospital accommodation following birth.	and post partum haemorrhage, edically necessary caesarean caused ally necessary abortions.

+	Enhanced Maternity Module 1 - continued	Enhance your Pregnancy & Child Birth benefits
	r <b>ic check-up</b> ution towards the initial paediatric check-up for the new-born.	\$200
Medical birth. Pl	ure baby cover treatment for a premature baby where received during the first two months from ease note that no cover is available for continuing treatment after expiry of the initial ns' period other than for new and unrelated conditions.	Full Refund
+	Enhanced Maternity Module 2	Enhance your Pregnancy & Child Birth benefits
In-patie	e maternity care & childbirth In-Patient nt maternity cost including: delivery costs, hospital accommodation for the new-born ately following birth, and received in authorised health centers and clinics.	\$10,000
	t <b>ient</b> ly necessary out-patient costs incurred during normal pregnancy and childbirth g pre and post natal check ups subject to pre-authorisation	\$41,000
	s provided for eight visits to a Primary Healthcare (PHC) obstetrician for low risk patients alist obstetrician for high risk patient referrals	
investigo	o include reviews and checks and tests with the DHA antenatal Protocols, Initial ations to include :FBC and platelets, blood group, rhesus status and antibodies, VDRL, MSU, is, rubella serology, HIV, FBS, randoms or A1C and high risk patients GTT and Hepatitis C	
* The co	st of three antenatal ultrasound scans	
eclamps retained by any d	ts of complications of pregnancy only for toxaemia, gestational hypertension, pre- sia, ectopic pregnancy, hydatidiform mole, ante and post partum haemorrhage, d placenta membrane, stillbirths, miscarriage, medically necessary caesarean caused of the previous mentioned conditions and medically necessary abortions. for delivery costs and hospital accommodation for the new-born immediately	Full Refund
	r <b>ic check-up</b> ution towards the initial paediatric check-up for the new-born.	\$200
Medical birth. Pl	<b>ure baby cover</b> treatment for a premature baby where received during the first two months from ease note that no cover is available for continuing treatment after expiry of the initial ns' period other than for new and unrelated conditions.	Full Refund
+	Enhanced Alternative Therapies Module	Enhance your Alternative Therapies Benefit
Chiropr	<b>tive Therapies</b> actic, homeopathy, osteopathy, acupuncture, Ayurvedic, herbal and Chinese es provided by a licensed practitioners, including prescribed drugs and medicines.	\$2,000

# Please note that the following reduced Hospital Network modules are available.

### Reduced Network Module 1: Gold/Tier 1 or Silver Premium/Tier 2

In-patient and Out-Patient Direct Billing Network As per Network list of selected TPA, terms and conditions apply. *Excluding Cleveland Hospital Abu Dhabi.	100%
Out Of UAE Network	Up to equivalent Usual, Reasonable
Treatment outside of your selected UAE network	and Customary as per your country of residence costs

## - Reduced Network Module 2: Silver Classic/Tier 3 or Green/Tier 4

<b>In-patient and Out-Patient Direct Billing Network</b> As per Network list of selected TPA, terms and conditions apply.	100%
Out Of UAE Network	100% within the UAE; Usual,
Treatment outside of your selected UAE network	Reasonable and Customary
*Excluding hospitals included on Tier 1 and Tier 2	Charges Out of the UAE